



Your Year of Miracles

Your Year of Miracles Accelerated Program Shared Agreements Between Coach and Client

I am delighted to be your coach in this deeply profound and transformative Your Year of Miracles Inner Circle Program. I'm committed to supporting you in the best ways I can in the service of your greatest growth and fulfillment.

The relationship we share is focused on you getting the results you want. Together we're creating a "sacred space" that is free of judgment about "right" and "wrong," and is based on love, respect and support.

For our coaching/client relationship to be most successful, it's important that we have shared agreements about how we can best work together. Below are the agreements for each of us to make to each other to ensure the most miraculous outcome for you in this Year of Miracles.

My agreements to you are as follows:

1. As your coach, I am committed to support, inspire, and guide you. I am committed to your development and success. I am your ally and champion and will be fully present with you in each of our sessions.
2. I agree to hold all content of our sessions confidential within my professional guidelines of confidentiality. (Disclosure is only required when there is concern about harm to self or others.)
3. During our sessions we will discuss your wins, shifts, actions, and results that you experience, as well as what actions you have been able to do and what did not get done. If I notice that you're outside of the agreements and commitments that you make, I will lovingly and non-judgmentally bring it to your attention. I will also celebrate with you in your success and progress.
4. I will help you develop language to fully express your Self and articulate your truth. We will work to find the source of what is happening in your life, giving power to positive habits, patterns and self-talk. This will enable you to move away from negative habits and patterns.
5. Between our coaching sessions, I am "with you" in spirit, holding your intentions and goals. I invite you to deeply experience and draw on this support.

The agreements I ask of you are as follows:

1. Use me as a resource, keep me informed about how I can best support you during our coaching sessions, and ask for input and feedback to help you grow and fulfill your goals.
2. Take full responsibility for your results. It's important that you integrate and synthesize any advice or feedback I give you with your own thinking, using only that which you feel serves your growth.

3. Openly share with me any concerns you have about my suggestions and coaching and how effective they are. Let me know if you have a desire for any changes.
4. Listen to Your Year of Miracles live calls or replays and work with your Theme and Miracle intentions between meetings. The more fully you show up to your coaching calls, participate in your Miracles group, and use the tools and resources of Your Year of Miracles Program, the more satisfaction you will have with your results.
5. Be willing to experiment with practices and incorporate new behaviors that feel appropriate to you. Take relevant actions to align yourself more fully with the Miracle Zone. Be willing to be held accountable for whatever agreements and commitments you make in our coaching sessions. We will review them together periodically.
6. Always be as honest and authentic as you can, knowing that this is a safe environment and that the Truth leads us to living more fully in the Miracle Zone.

Together, we'll be using the Five Foundations of Living in the Miracle Zone (see below) as guidelines for living Your Year of Miracles principles and to maximize your success in the program.

Thank you for reviewing these agreements so that we can create the optimal environment for you living more and more in the Miracle Zone. It is my heart-felt intention that you get remarkable results from the powerful atmosphere created by the program, the content you're receiving, the community and support of your peers, and our coaching sessions together.

I'm honored to partner with you to help you experience miracles in all aspects of your life!

The Five Foundations for *Living in the Miracle Zone*

1. *Listen to your soul. Live aligned with your Highest Truth, honoring your inner guidance. Be self-referral rather than outer-referral.*
2. *Choose where you put your energy and attention. Consciously direct your thoughts, words, feelings, and actions towards what you want to expand in your life. Favor what supports a miraculous life.*
3. *Take responsibility for your life. Be a victor, not a victim. Replace blaming, shaming, and complaining with embracing your power.*
4. *Live with an open heart. Lovingly practice gratitude, forgiveness, compassion and kindness. Give and receive in joy and balance.*
5. *Trust in the universe. See and accept Divine perfection at work in every situation. Let go, knowing that we live in a benevolent universe, and you're always taken care of.*

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