

The Five Foundations for *Living in the Miracle Zone*

How to **USHER** in the Miracle Zone

Universe: *Trust in the Universe.*

See and accept Divine perfection at work in every situation. Let go, knowing that we live in a benevolent universe, and you're always taken care of.

Soul: *Listen to Your Soul.*

Live aligned with your Highest Truth, honoring your inner guidance. Be self-referral rather than outer-referral.

Hearth: *Live with an Open Heart.*

Lovingly practice gratitude, forgiveness, compassion and kindness. Give and receive in joy and balance.

Energy: *Choose Where You Put Your Energy and Attention.*

Consciously direct your thoughts, words, feelings, and actions towards what you want to expand in your life. Favor what supports a miraculous life.

Responsibility: *Take Responsibility for Your Life.*

Be a victor, not a victim. Replace blaming, shaming, and complaining with embracing your power.