



Your Year of Miracles

Miracles Group Facilitator Role

How to Choose Your Monthly Facilitator:

Each meeting will have a group facilitator. The facilitator for the initial group meeting will be the person whose first initial comes first in alphabetical order. We suggest you keep the same group facilitator for the first three meetings. Then, for each month that follows, rotate to a new group facilitator in alphabetical order based on first names.

How to Facilitate the Group:

Being the group facilitator for your Miracles Group for the month is a great gift! While your role is simple, it's important for the coherence of the group. You'll guide the group meeting according to the Miracles Group Flow and Guidelines. We ask every member of the group, including the group facilitator, to NOT coach, counsel, advise or give input.

As the group facilitator, you'll do the following:

1. Open the meeting by setting the energy of your time together.
2. Give each person 2 minutes to share their wins and miracles.
3. Give each person another 2 minutes to share their intention and foundation they're leaning into for the upcoming 2 weeks. After each person shares these, you'll lead the group in saying the group affirmation aloud.
4. Close the meeting with an inspiring quote, poem, or reading and remind everyone of the next group meeting date.

To time each share, you can set your phone timer and allow the sound of the timer to indicate when the 2 minutes is over. Once the time is over, the person speaking can finish their sentence, but then kindly let them know it's time for the next person. Of course, you can make an exception if something very dramatic has happened (a death or some big health challenge, etc). Please be sensitive to that person and to the group flow.

Thank you for holding the space for your Miracles Group meeting to feel supportive and in the Miracle Zone vibration!