



Your Year of Miracles

Miracles Group Facilitator Role

How to Choose Your Monthly Facilitator:

Each meeting, one member of your group will be the group facilitator. For the first three meetings, the facilitator will be the person in your group whose initial of their first name comes earliest in alphabetical order. Starting in April and each month that follows, your group can rotate to a new facilitator in alphabetical order based on first names. That person can lead the following two meetings and so on.

How to Facilitate the Group:

Being the facilitator for your Miracles Group meeting for the month is a great gift! While your role is simple, it's important for the coherence of the group. You'll guide the group meeting according to the Miracles Group Flow and Guidelines. (Remember: we ask every member of the group, including the group facilitator, NOT to coach, counsel, advise or give input.)

As the group facilitator, you'll do the following:

1. Open the meeting by setting the energy of your time together. *(3–4 minutes)*

You can say something like: "Let's take a moment to connect into the greater energy of the Universe (pause for a minute). Put your hand on your heart, feel your heart and your connection to Source, and imagine us all connected in a unified field of golden light (pause for another minute). And so it is."

2. For Round #1 of Shares, give each person 2 minutes to share their Wins and Miracles. *(2 minutes per person, which is about 10–20 minutes total, depending on the number of members present.)*

You can say something like: "I invite each of you to share with us your Miracles and Wins (big and small) from the past two weeks," and then call on each person, one by one. Then each person takes 2 minutes to share their Miracles and Wins (big and small) from the previous two weeks.

3. For Round #2 of Shares, give each person another 2 minutes to share their two-week intention and foundation they want to focus on for the next two weeks. *(2 minutes per person, which is about 10–20 minutes total, depending on the number of members present.)*

To get the sharing going, you can select someone to share first and say something like: "Now, please share with us one intention you want to have for the next two weeks (it could be baby steps) and which foundation you want to lean into."



After each person shares these, you'll lead the group in putting attention on each person for 15 seconds and saying the group affirmation aloud to supercharge their intention:

“(Insert person’s name), we feel and know that your highest good is now coming to you. We hold your intention with love in our hearts and see it manifested in your life in perfect timing. We give thanks. And so it is.”

NOTE: During your first meeting, please also have each person share their Miracles Theme and their 3 Miracle Intentions for the year with the group. Each group member can record these on page 82 of their Miracles Journal.

- 4. Close the meeting with an inspiring quote, poem, or reading and remind everyone of the next group meeting date.** Then, open up the meeting to everyone to say goodbye to each other. *(2–3 minutes.)*

As the group facilitator, you are in charge of timing. To time each round of sharing, please set your phone timer and allow the sound of the timer to indicate when the 2 minutes is over. At about 1 minute and 45 seconds, give a 15-second warning and when the 2 minutes are up, give everyone a few seconds to clap in celebration of that person’s Miracles, and then move on to the next person.

Once the time is over, the person speaking can finish their sentence, but then kindly let them know it’s time for the next person. Of course, you can make an exception if something very dramatic has happened (a death or some big health challenge, etc). Please be sensitive to that person and to the group flow.

Thank you for holding the space for your Miracles Group meeting to feel supportive and in the Miracle Zone vibration!